2022 Birthing Center Class Schedule

Penn State Health St. Joseph offers the following childbirth education classes at 2500 Bernville Road, Reading

**Childbirth Preparation**
Saturdays 8 a.m.-12 p.m.
- January 8
- February 19
- March 5
- April 2
- May 14
- June 25
- July 16
- September 17
- October 1
- November 12
- December 10

**Childbirth Preparation**
Mondays 5 p.m.-9 p.m.
- January 17
- February 7
- March 21
- April 18
- May 23
- June 6
- July 25
- August 15
- September 26
- October 17
- November 21
- December 19

**Breastfeeding Your Newborn**
Wednesdays 6 p.m.-8 p.m.
- January 12
- February 23
- March 16
- April 6
- May 18
- June 8
- July 20
- August 17
- September 14
- October 5
- November 9
- December 14

To register, contact:
Stacey Border, MSN, RN
Clinical Nurse Manager
610-378-2078
sborder@pennstatehealth.psu.edu

Breidegam Family Birthing Center Tours  - Call OB Nurse Navigator at 610-378-2709 to schedule