



2025-2026 Childbirth Education Classes

Penn State Health Lancaster Medical Center is dedicated to helping you have a happy and healthy birth experience. All classes take place at the medical center: 2160 State Road, Lancaster, Room 1603.

Childbirth Preparation

Saturdays

8 a.m.–4:30 p.m.

- Nov. 15, 2025
- Feb. 7, 2026
- May 16, 2026
- Aug. 8, 2026

Includes a tour of the Lancaster Medical Center Family Birthing Suite.

Please bring one support person.

To schedule – Call your OB provider

Cost – Will be billed to insurance

Questions? Contact Penn State Health OB-GYN: 223-287-8160

Lactation or newborn feeding questions? Contact our IBCLC-certified Lactation Consultants: 223-287-4331

Need a newborn appointment? Contact Penn State Health Children's Lancaster Pediatric Center: 717-327-4680



PennState Health
Lancaster Medical Center