



**PennState Health**  
Milton S. Hershey Medical Center

The Carlino Family  
Inflammatory Bowel Disease Center

# IBD News

Inflammatory Bowel Disease Center  
Spring/Summer 2023

IBD Direct Line: 717-531-3998  
[pennstatehealth.org/IBD](http://pennstatehealth.org/IBD)

## Crohn's and Colitis Foundation Honored Hero Wesley Mallicone



Wesley Mallicone, MS, LAT, ATC, is no stranger to facing challenges. At 9 years old, Wes was diagnosed with ulcerative colitis. At 13, he was diagnosed with primary sclerosing cholangitis, which ultimately led to a liver transplant when he was 34. While facing all of the challenges involved with receiving a transplant, Wes also managed his inflammatory bowel disease (IBD). Wes tried multiple therapies, but despite best efforts he ultimately had to face surgery as the best option to manage his medically nonresponsive disease. Under the hand of Dr. Michael Deutsch, Wes undertook the process of having an ileal pouch anal anastomosis, finishing his surgeries in June 2021. Amazingly, during all of these health challenges, Wes has maintained his position as director of sports medicine at

Shippensburg University. It is so appropriate that he spends his days guiding athletes to their best performance. Wes is a true hero, and we are very proud that the Crohn's and Colitis Foundation chose to honor him at the 2022 Take Steps Walk.



## Welcome Our New Staff

Please welcome Quadir Otto-Smallwood, PA-C, who recently joined the Division of Gastroenterology and Hepatology as a physician assistant in general gastroenterology and IBD. Quadir received his BS in health sciences from Lock Haven University, Lock Haven, Pa., and completed his Master of Science in the physician assistant program at Morehouse School of Medicine in Atlanta. He will be active at both clinics here at Penn State Health Milton S. Hershey Medical Center.

Please welcome Stacey Vacchiano, DNP, FNP-BC, who recently joined the Division of Gastroenterology and Hepatology as a nurse practitioner in general gastroenterology and IBD. She earned her BSN at Immaculata University, Immaculata, Pa., and completed the family nurse practitioner advanced practice program and Master of Science in Nursing at the University of Delaware. Stacey received her DNP from Wilkes University, Wilkes-Barre, Pa. She previously worked at Penn State Cancer Institute. Stacey will be active in the Medicine Suite and IBD Center clinics.



Quadir Otto-Smallwood



Stacey Vacchiano



## PEDIATRIC CORNER

### **Pediatric IBD Clinic Sees Patients in Lancaster**

It can be overwhelming for children to learn they have IBD. The most common questions we're asked include: How will this be treated? Will it go away? What can I eat? How do I tell my friends? Is it safe to receive vaccines? The Pediatric IBD Clinic is a place where all these questions and more will be answered. Inflammatory bowel disease doesn't just affect the intestines. Having the disease affects all areas of life and can affect the whole family. The Pediatric IBD Clinic is where a physician, social worker and behavioral health specialist work together to provide education and care to help in all areas of life affected by IBD. We recommend that each pediatric IBD patient be seen in the Pediatric IBD Clinic annually to make sure everything is being done to keep the patient as healthy as possible. Routine care will still be provided by the patient's primary pediatric gastroenterologist.

The Pediatric IBD Clinic has been available over the last several years on the Milton S. Hershey Medical Center campus and at Penn State Health St. Joseph Medical Center in Reading. Dr. Marc Schaefer sees patients in Hershey and Reading, and Dr. Bethany Cunningham sees patients in Hershey. In May 2023, Dr. Stefany Garrity started an IBD clinic at the new Penn State Health Children's Lancaster Pediatric Center.

If you are interested in scheduling a Pediatric IBD Clinic appointment, contact one of the following locations:

Penn State Health Milton S. Hershey Medical Center  
35 Hope Drive, Hershey  
717-531-8550

Penn State Health St. Joseph Medical Center  
2500 Bernville Road, Reading  
610-898-1800

Penn State Health Children's Lancaster Pediatric Center  
1430 Harrisburg Pike, Lancaster  
717-606-1170

## **UPCOMING EVENTS**

### **Updates on the Medical and Surgical Management of Gastrointestinal Diseases**

Friday and Saturday, January 26 and 27, 2024 Hershey Country Club

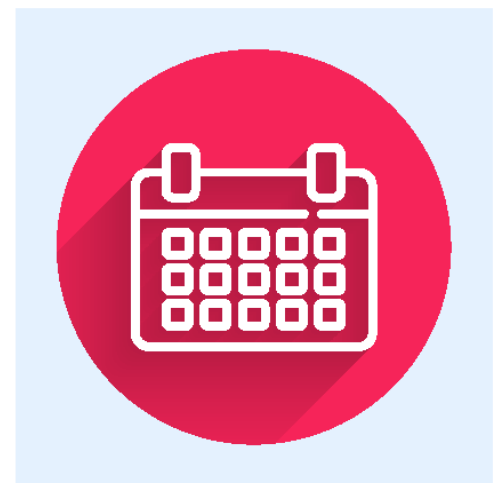
### **Inflammatory Bowel Disease (IBD) Research Symposium**

Friday, Oct. 13, 2023  
Hershey Country Club

To register for these programs, visit the Penn State College of Medicine Continuing Education website at [ce.med.psu.edu](https://ce.med.psu.edu).

### **Gastroenterology Advanced Practice Provider Conference**

Spring 2024 – more information to follow



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## CARLINO FAMILY INFLAMMATORY BOWEL DISEASE CENTER SUPPORTS RESEARCH

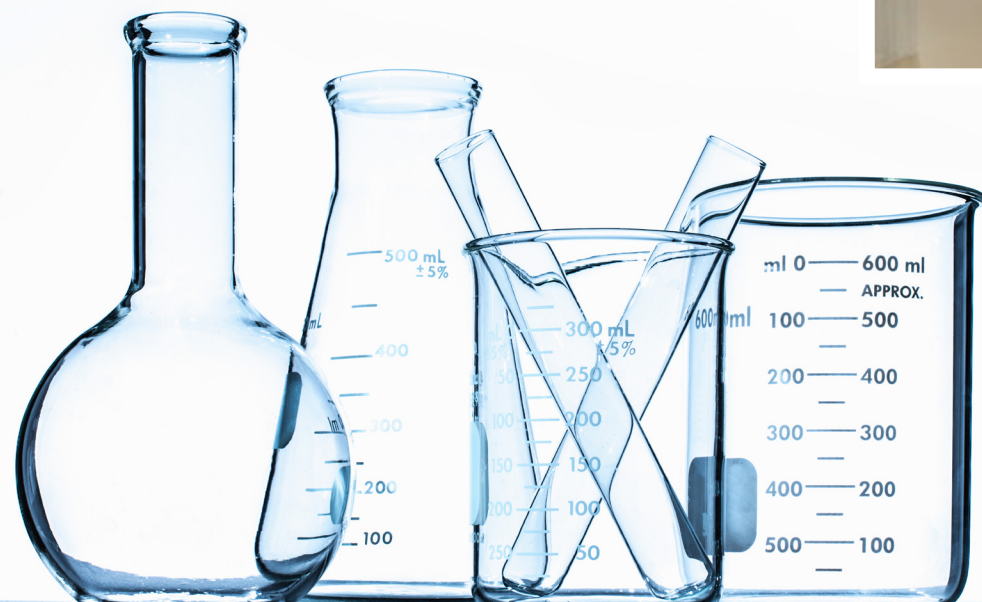
Along with the work of Drs. Koltun, Coates and Yochum, the Carlino Family Foundation supports the efforts of several other physicians and researchers who are dedicated to IBD research. One such researcher is Dr. Ronaldo Panganiban, who graduated from Penn State College of Medicine with an MD-PhD degree. He is also our first gastroenterology fellow on the American Board of Internal Medicine Research Pathway. His research interests lie in how certain inflammatory diseases, such as pouchitis and recurrent Crohn's disease, occur after surgery for IBD. In addition, he is investigating novel approaches that could allow clinicians to earlier identify patients who are at high risk for developing these diseases. We are excited to have Dr. Panganiban as part of our team and look forward to watching his and his colleagues' efforts benefit individuals with IBD.

Dr. Panganiban will also be seeing patients in the IBD clinic beginning in Jan. 2024!



Click here to find information  
about IBD clinical trials

or go to [studyfinder.psu.edu/categories](http://studyfinder.psu.edu/categories)  
and enter **IBD** in the search field.







**PennState Health**  
Milton S. Hershey Medical Center

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## Inflammatory Bowel Disease Center Locations

### Adult:

**Penn State Health**  
**The Carlino Family IBD Center**  
200 Campus Drive  
Entrance 4, Suite 3200  
Hershey, PA 17033  
Phone: 717-531-3998  
Fax: 717-531-0567  
Hours: Monday–Friday, 7:30 a.m.–5:00 p.m.

**Penn State Health Medical Group — Colonnade**  
32 Colonnade Way  
State College, PA 16803  
Phone: 814-272-4445  
Fax: 814-272-4450  
Hours: Monday–Friday, 8:00 a.m.–5:00 p.m.

### Pediatric:

**Penn State Health**  
**The Carlino Family IBD Center**  
200 Campus Drive  
Entrance 4, Suite 1100  
Hershey, PA 17033  
Phone: 717-531-3998  
Fax: 717-531-0783  
Hours: Monday–Friday, 7:30 a.m.–5:00 p.m.

**Penn State Health St. Joseph Medical Center**  
2494 Bernville Road, Suite 106  
Reading, PA 19605  
Phone: 610-898-1800  
Hours: call for availability

Have you just discovered our newsletter? Sign up for email delivery of future issues on our website at  
[pennstatehealth.org/IBD](http://pennstatehealth.org/IBD)