Penn State Health is committed to serving our community!

Community Health – Fiscal Year 2020

Community Health includes: all community health improvement projects offered (not only those prioritized by our CHNA process), cash and in-kind contributions, community building activities and community benefit operations.

Overall in Fiscal Year 2020 Penn State Health served over 500,000 community members with over 123,000 employee hours and 76,000 volunteer hours, resulting in over $4.3 million dollars in Community Health services provided to our community.

Community Benefit – Fiscal Year 2019

Community Benefit is the total value of quantifiable benefits provided to our community and reported to the IRS. This number does not include Research, Bad Debt or Medicare.

<table>
<thead>
<tr>
<th>Metric</th>
<th>Penn State Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Health</td>
<td>$4,239,390</td>
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<tr>
<td>Health Professions Education</td>
<td>$69,375,327</td>
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<tr>
<td>Subsidized Health Services</td>
<td>$4,100,000</td>
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<tr>
<td>Financial Assistance</td>
<td>$12,673,782</td>
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<tr>
<td>Medicaid</td>
<td>$26,677,640</td>
</tr>
</tbody>
</table>
| Total                         | $117,066,139      

PennState Health

Community Health Needs Assessment (CHNA)
Implementation Plan

2020 First Year Report Card

#1 Behavioral Health
Mental Health
Substance Use Disorder

#2 Healthy Lifestyles
Nutrition
Oral Health
Physical Activity

#3 Disease Management
Cancer
Cardiovascular Disease
Diabetes

Address Access to Care and Social Determinants of Health

Five Pennsylvania Counties
Berks • Cumberland • Dauphin • Lancaster • Lebanon

PennState Health

PENN STATE HEALTH MILTON S. HERSHEY MEDICAL CENTER (PSHMC)
PENN STATE HEALTH ST. JOSEPH MEDICAL CENTER (PSHSJ)
Pennsylvania Psychiatric Institute (PPI)
10,000+ community members were reached through safety initiatives to improve walkability, a bike share program, walking and biking trails, and a youth tennis program initiated in underserved communities.

Comprehensive Drug Safety Program
- 759 pounds of discarded medications collected in Drug Take Back boxes.
- 3,000 DisposeRx Packets were distributed.
- 1,002 lock boxes were distributed across 13 sites.

Behavioral Health
- PPI reached 771 community members with Mental Health Training and 10,000 people were reached by Behavioral Health Community Outreach.

Disease Management
1. Community Paramedicine reduced chronic disease readmissions for heart failure and stroke patients and expanded these efforts from PSHMC to PSHSJ this year.

2. 13,000+ community members were reached by coordinated disease prevention screening, education, navigation and support programs focused on cancer, cardiovascular diseases and stroke.

Healthy Lifestyles
According to County Health Rankings (countyhealthrankings.org), the percent of persons who lack adequate Access to Food improved in Dauphin and Berks Counties! We cannot directly say that this is the result of our efforts, but hopefully all of our nutrition and food outreach efforts reaching over 47,000 individuals with healthy food choices and consistent MyPlate (choosemyplate.gov) messaging contributed to these positive trends.

Physical Activity
10,000+ community members were reached through safety initiatives to improve walkability, a bike share program, walking and biking trails, and a youth tennis program initiated in underserved communities.

Oral Health
- Oral health messaging focused on brushing twice per day and the importance of fluoride reached 700+ members of underserved communities.
- PSHSJ worked with the Pennsylvania Area Health Education Center (AHEC) office and Oral Health Task Force to update the Community Health Worker training curriculum to include early childhood oral health education with an online component that is publicly available so anyone can use.

COVID-19 RESPONSE
- Employee Food Pantries
- Collaborating with the Caring Cupboard Food Pantry to support food delivery to COVID positive patients
- Outdoor Farm Stand in Downtown Reading
- Drive-Thru COVID-19 Testing
- Community Donation Center
- Contact Tracing
- Nursing Home Support
- Radio/TV Educational Sessions
- On-Demand COVID Screening App - free community benefit to increase access to screening, testing and contact tracing and reached over 6,000 people from March to June 2020.

Nutrition
- 3,000+ lbs. of food and 566 flower vases were distributed from the Community Garden.

At the PSHSJ Downtown Campus Veggie Rx Program:
- 111 patients initially enrolled impacting over 215 family members,
- 22,000+ vouchers were redeemed,
- $45,000 spent on local fruits & veggies.

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