HEALTH EQUITY PROGRAMS:
• Community Health Access Points Expansion
• Trauma Informed Communities

MENTAL HEALTH PROGRAMS:
• Mental Health and Substance Use Education and Training
• Behavioral Health Resources, Support and Collaboration

Fifty-seven percent of adults who responded to our community member survey had at least one poor mental health day in the past month.

CHRONIC DISEASE AND RISK FACTOR PREVENTION PROGRAMS:
• Risk Factor Education and Screenings
• Educational Program Evaluation

“I feel that food insecurity and poverty lead to a lot of the other factors listed. Poverty causes health disparities and issues obtaining healthy foods that lead to healthy eating habits.” — Key Informant

NUTRITION AND FOOD ACCESS PROGRAMS:
• Food Bucks/Veggie RX Expansion
• Regional Collaborative and Standardized Nutrition and Food Access Resource Guide
• Community Gardens

According to the 2019 Pennsylvania Youth Survey, 1 in 14 children reported having skipped a meal due to family finances.

PHYSICAL ACTIVITY PROGRAMS:
• Community Exercise Programs
• Enhanced Policies and Infrastructure

“More free community exercise programs.” — Community Member

“For mental health and substance use disorder, there are services available, but not always enough.” — Key Informant

“I think we need to get services to where people are instead of getting them to the services.” — Community Member

“I improve competency working with marginalized populations.” — Key Informant

THANK YOU TO OUR COMMUNITY PARTNERS AND EMPLOYEES WHO COLLABORATED TO DEVELOP THIS PLAN.