A SIX-COUNTY BERKS | CUMBERLAND | DAUPHIN | LANCASTER | LEBANON | PERRY

COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA)

IMPLEMENTATION PLAN 2022–2025



PENN STATE HEALTH MILTON S. HERSHEY MEDICAL CENTER
PENN STATE HEALTH HOLY SPIRIT MEDICAL CENTER
PENN STATE HEALTH ST. JOSEPH MEDICAL CENTER
PENN STATE HEALTH HAMPDEN MEDICAL CENTER
PENNSYLVANIA PSYCHIATRIC INSTITUTE
PENN STATE HEALTH REHABILITATION HOSPITAL

"For mental health and substance use disorder, there are services available, but not always enough."

— Key Informant

HEALTH EQUITY PROGRAMS:

- Community Health Access Points Expansion
- Trauma Informed Communities

"Improve competency working with marginalized populations." — Key Informant

MENTAL HEALTH PROGRAMS:

- Mental Health and Substance
 Use Education and Training
 - Behavioral Health Resources, Support and Collaboration

Fifty-seven percent of adults who responded to our community member survey had at least one poor mental health day in the past month.



Mental Health





Wellness and Disease Prevention "I think we need to get services to where people are instead of getting them to the services."

"More free community exercise programs."

— Community Member

► CHRONIC DISEASE AND RISK FACTOR PREVENTION PROGRAMS:

- Risk Factor Education and Screenings
- Educational Program Evaluation

"I feel that food insecurity and poverty lead to a lot of the other factors listed.
Poverty causes health disparities and issues obtaining healthy foods that lead to healthy eating habits." — Key Informant

NUTRITION AND FOOD ACCESS PROGRAMS:

- Food Bucks/Veggie RX Expansion
- Regional Collaborative and Standardized Nutrition and Food Access Resource Guide
- Community Gardens

PHYSICAL ACTIVITY PROGRAMS:

- Community Exercise Programs
- Enhanced Policies and Infrastructure

1 in 5 community members reported no days of physical activity in the past month.

FOR FULL IMPLEMENTATION PLAN AND REFERENCES:

pennstatehealth.org/community

https://ppimhs.org/about-us/assessing-our-communitys-health-needs/

psh-rehab.com/patients-and-caregivers/admissions/community-health-needs-assessment/

According to the 2019 Pennsylvania Youth Survey, 1 in 14 children reported having skipped a meal due to family finances.

THANK YOU TO OUR COMMUNITY PARTNERS AND EMPLOYEES WHO COLLABORATED TO DEVELOP THIS PLAN.