



**PennState Health**  
Milton S. Hershey Medical Center

**The Carlino Family  
Inflammatory Bowel Disease Center**

# IBD News

Inflammatory Bowel Disease Center  
Fall/Winter 2023

IBD Direct Line: 717-531-3998  
[pennstatehealth.org/IBD](http://pennstatehealth.org/IBD)

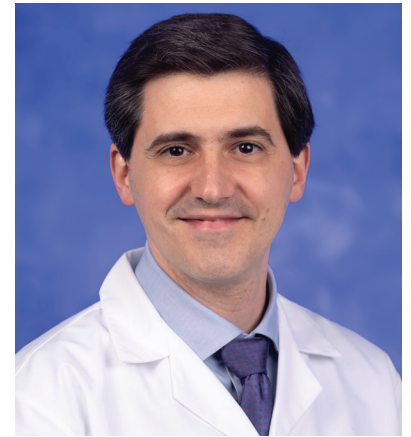
## Welcome Our New Staff

The Carlino Family IBD Center medical and surgical faculty continues to expand with the addition of Dr. Patricio Lynn and Dr. Ron Panganiban, who will join the center in January 2024.

### Patricio Lynn, MD – Colorectal Surgeon

Dr. Patricio Lynn is a fellowship-trained colorectal surgeon and assistant professor of surgery in the Division of Colon and Rectal Surgery. His expertise is in minimally invasive techniques, including laparoscopy and robotic surgery. Lynn treats patients with diseases and disorders of the rectum and colon. His interests include rectal cancer, bowel function after colorectal surgery and inflammatory bowel disease.

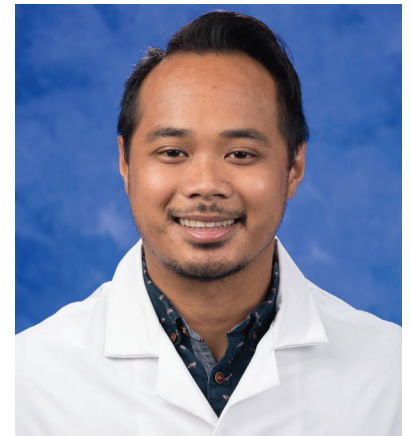
Ranked first in his class in medical school, Lynn trained at Memorial Sloan Kettering Cancer Center, New York, and has written book chapters on colorectal surgery. In addition to English, he speaks Spanish and Portuguese.



### Ron Panganiban, MD, PhD – Physician-Scientist

Dr. Ron Panganiban will join our faculty and begin seeing patients in the IBD clinic in January 2024. A physician-scientist, he will provide clinical care, including endoscopy service.

Panganiban earned both his medical and doctorate degrees from Penn State College of Medicine, where he also completed his residency and fellowship. His research interests focus on how certain inflammatory diseases, such as pouchitis and recurrent Crohn's disease, occur after IBD surgery. In addition, he studies how dysfunction in some stem cell populations lead to development of IBD.



## New Clinical Trial

The Carlino Family IBD Center is participating in an exciting clinical trial focused on newer molecules and using combination treatments to improve patient care. If interested in participating, visit our website by scanning the QR code and clicking the link for more information, or speak to a member of your treatment team.



**SCAN**  
QR CODE

# Discover New IBD Medications

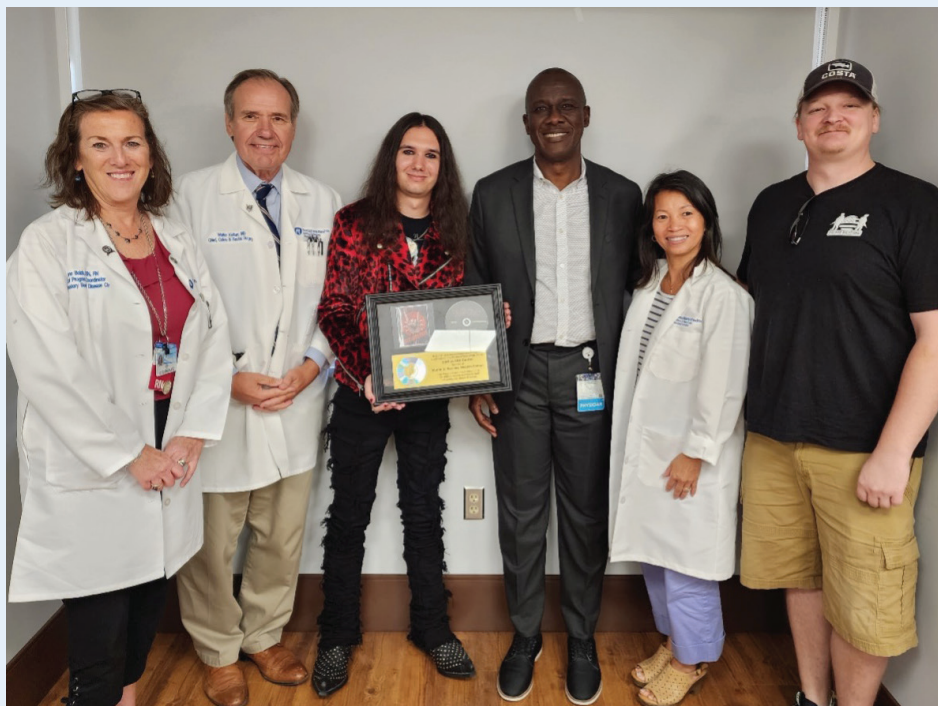
The U.S. Food and Drug Administration has approved several new medications for the treatment of moderate to severe ulcerative colitis (UC) and Crohn's Disease (CD).

Medication	Approved for CD?	Approved for UC?	Route of Administration	Notes
<b>OmvoH</b> Generic: <i>mirkizumab</i>	No	Yes	Three IV infusions every four weeks, then home injector pen every four weeks thereafter.	Available now.
<b>Velsipity</b> Generic: <i>estrasimod</i>	No	Yes	Once daily oral tablet.	Recently approved. Expected to be available now.
<b>Entyvio SC</b> Generic: <i>vedolizumab</i>	No	Yes	Two IV doses two weeks apart then four weeks later or week six start every-two-weeks subcutaneous injections.	Available now. Patients with UC on a stable IV regimen of Entyvio can be transitioned to the home injector pen.
<b>Rinvoq</b> Generic: <i>upadacitinib</i>	Yes	Yes	Oral daily tablet.	Available now.
<b>Skyrizi</b> Generic: <i>risankizumab</i>	Yes	No	Three IV infusions every four weeks, then home injector pen every eight weeks thereafter.	Available now.

## Live Concert Benefits Carlino Family IBD Center

Hosts of the R.O.C.C. (Rock Out Crohn's/Colitis) 10th Anniversary Live Album and Concert presented a check for \$1,500 and a commemorative plaque on Aug. 25 to the Carlino Family IBD Center, the event's 2024 beneficiary. Each year Sammie Kiehl, third from left, and his friends have hosted concerts at local venues to raise funds and awareness for Crohn's disease and ulcerative colitis. Their goal is to help people afflicted with these diseases build community with each other and find hope for new treatments and therapies.

On hand to accept the check, from left, were Ann Bobb, clinical head nurse; Dr. Walter Koltun, director, Carlino Family IBD Center; Kiehl; Dr. Kofi Clarke, chief of gastroenterology; Thu Gazzio, nurse navigator; and Ian Aston, Ian Aston & The Missing Peace.



# Kono-S Helps Reduce Post-surgical Crohn's Disease Recurrence

Surgeons at the Carlino Family IBD Center are using Kono-S anastomosis, a unique method for reconnecting the intestine following surgery, that helps reduce postoperative recurrence of Crohn's disease.

Up to 75% of patients with Crohn's disease may require surgery to remove a portion of their small or large intestine. Unfortunately, 50% of those patients may develop recurrent symptoms, and some may require repeat surgery. Although medications can reduce this risk and are an important part of treatment for patients requiring surgery, the Kono-S anastomosis can help reduce the risk of recurrence and the need for surgery.

The name of the procedure comes from Dr. Toru Kono, who introduced the technique, and the "S" refers to a special part of the connection called the "supporting column." The technique can be used to connect all parts of the intestine. However, it is most commonly used to reconnect the small intestine to the large intestine or colon.

If you need surgery for Crohn's disease, ask your surgeon about the Kono-S anastomosis.

## UPCOMING EVENTS

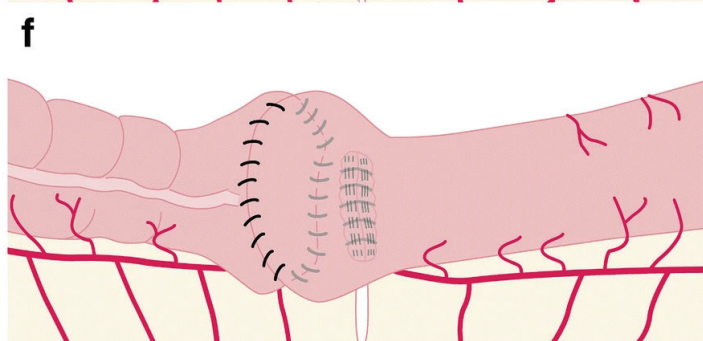
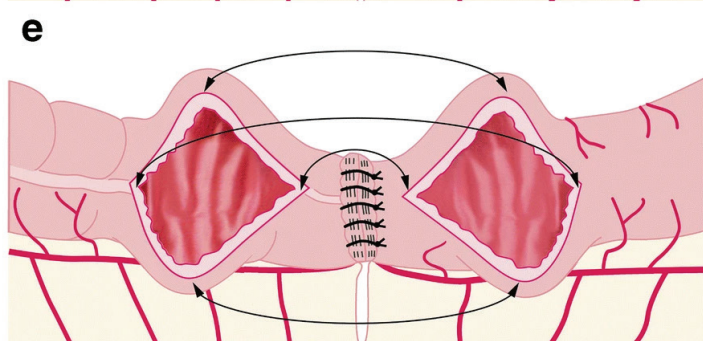
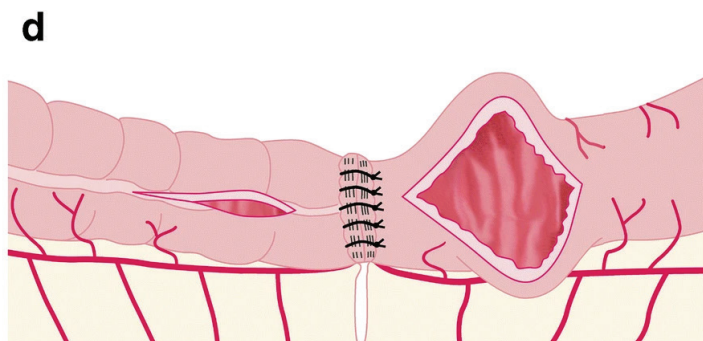
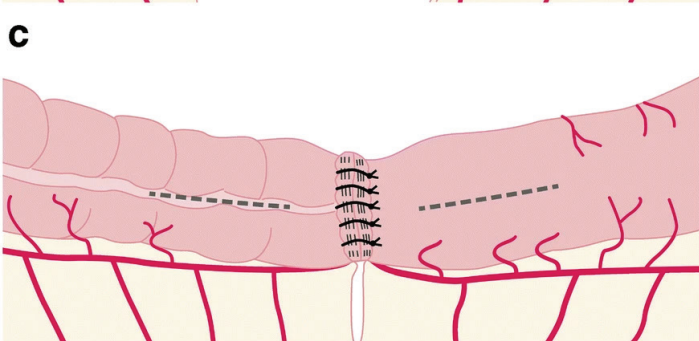
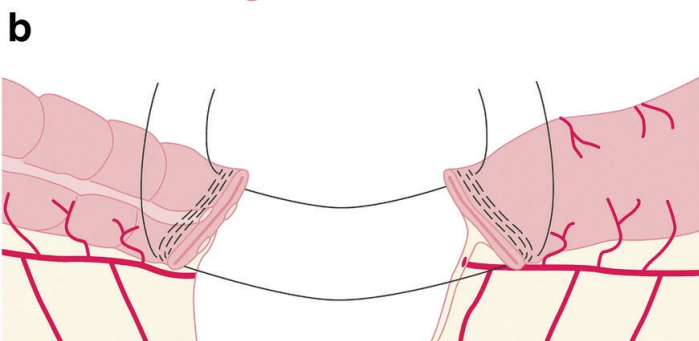
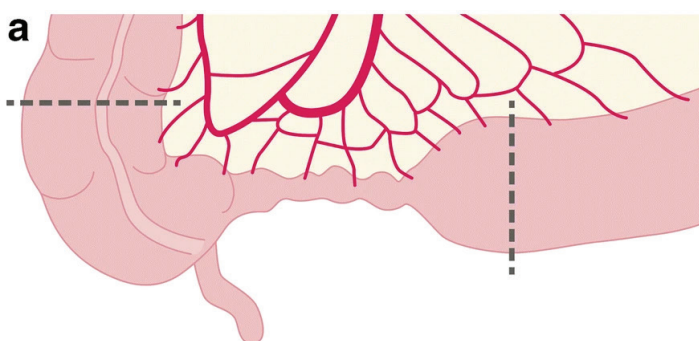
### IBD Support Group 2024 Meetings

The IBD Support Group helps bridge the gap between medical and emotional needs. Topics are determined based on participant feedback and availability of speakers.

Plan now to attend meetings from 6 to 7:30 p.m. in the University Physician Center, Room 4200, on the following dates:

- Tuesday, Jan. 23
- Tuesday, April 16
- Tuesday, Aug. 6
- Tuesday, Dec. 3

To register, email group facilitator Rachael Wentzel at [gotgutshmc12@gmail.com](mailto:gotgutshmc12@gmail.com). Follow the Family & Friends of Penn State Hershey IBD Support Group on Facebook.





**PennState Health**  
Milton S. Hershey Medical Center

Mail Code H027  
P.O. Box 850  
Hershey, PA 17033-0850

# Inflammatory Bowel Disease Center Locations

## Adult:

**Penn State Health**  
**The Carlino Family IBD Center**  
200 Campus Drive  
Entrance 4, Suite 3200  
Hershey, PA 17033  
Phone: 717-531-3998  
Fax: 717-531-0567  
Hours: Monday–Friday, 7:30 a.m.–5:00 p.m.

**Penn State Health Medical Group — Colonnade**  
32 Colonnade Way  
State College, PA 16803  
Phone: 814-272-4445  
Fax: 814-272-4450  
Hours: Monday–Friday, 8:00 a.m.–5:00 p.m.

## Pediatric:

**Penn State Health**  
**The Carlino Family IBD Center**  
200 Campus Drive  
Entrance 4, Suite 1100  
Hershey, PA 17033  
Phone: 717-531-3998  
Fax: 717-531-0783  
Hours: Monday–Friday, 7:30 a.m.–5:00 p.m.

**Penn State Health St. Joseph Medical Center**  
2494 Bernville Road, Suite 106  
Reading, PA 19605  
Phone: 610-898-1800  
Hours: call for availability

Have you just discovered our newsletter? Sign up for email delivery of future issues on our website at  
[pennstatehealth.org/IBD](http://pennstatehealth.org/IBD)