


Benefits Resources & Information

The Penn State Health Total Rewards Team provides comprehensive benefits and compensation packages to attract and retain highly engaged employees. Below are essential resources to help you make informed benefits decisions for you and your family.

 **Important:** You cannot enroll in benefits until your first day of employment with Penn State Health.

Benefits Resources

Visit our benefits resources using Google Chrome or Safari.



[2026 Total Rewards Guide](#)

[Virtual Benefits Center](#)

[Instructions](#)

Benefits Enrollment Process



On your first day, you'll receive email (at PSH email) instructions for enrollment. You have 31 days from hire date to make benefit elections.

Dependent Verification



Enrolling dependents in medical, dental, or vision? Submit verification documentation (details found in Total Rewards Guide) to NoReplyBenefits@pennstatehealth.psu.edu before your start date.

Q&A Support Session



Participate in a Benefits Team Q&A session after your start date. Detailed information will be provided with your benefit enrollment instructions on day one.