



Colon and Rectal Surgery Welcomes New Faculty

The Division of Colon and Rectal Surgery at Milton S. Hershey Medical Center welcomes three new physicians to its practice to support your treatment of inflammatory bowel disease (IBD) and other diseases of the colon or rectum. These excellent surgeons join the Penn State IBD Center team led by Dr. Walter Koltun, as well as Drs. Kevin McKenna and Frances Puleo.

We are so fortunate to have these three outstanding surgeons join our team and are proud to offer their services to our IBD patients.



Dr. Michael Deutsch joins Penn State Health from Rutgers Robert Wood Johnson Medical School in New Jersey. His areas of focus include colorectal cancer, inflammatory bowel disease, robotics, transanal minimally invasive surgery and pelvic floor dysfunction.

Deutsch completed his residency and fellowship at New York University School of Medicine, followed by a fellowship in colon and rectal surgery at Rutgers Robert Wood Johnson Medical School.



Dr. N. Arjun Jeganathan joins Penn State Health from the Cleveland Clinic in Ohio. His clinical interests include colorectal cancer, IBD, laparoscopic approaches to the treatment of Crohn's disease, ulcerative colitis, diverticulitis and colon cancer, as well as advanced anorectal procedures for treatment of anal fistula and hemorrhoids.

Jeganathan completed his residency in general surgery at the University of Pennsylvania, Philadelphia, and a colon and rectal surgery fellowship at the Cleveland Clinic.

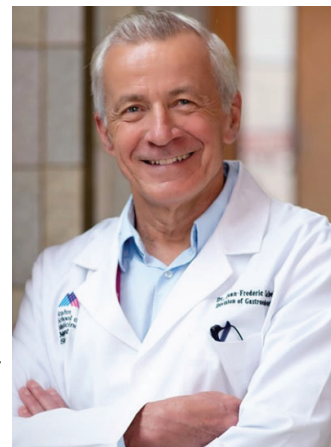


Dr. Jeffrey Scow joins Penn State Health from the Mayo Clinic in Rochester, Minn. His area of focus is colon and rectal surgery, with expertise in robotic and minimally invasive surgery, diverticulitis, colorectal cancer, IBD and proctology.

Scow completed his general surgery residency and fellowship at the Mayo Clinic School of Graduate Medical Education, also in Rochester.

2019 IBD Research Symposium

Please join us at the Inflammatory Bowel Disease Research Symposium on **Friday, October 4, 2019**. Our keynote speaker is nationally recognized IBD specialist



Dr. Jean-Frederic Colombel

Dr. Jean-Frederic Colombel from The Mount Sinai Hospital in New York. Dr. Colombel's topic for discussion will be "Can We Prevent IBD?"

In addition to Dr. Colombel, we have two other nationally recognized IBD experts. Dr. Maayan Levy, Assistant Professor, Department of Microbiology, Perelman School of Medicine, University of Pennsylvania, who will speak on "Intestinal Epithelial Functions in Host Microbiome Interactions" as well as Dr. Nicholas Zachos, Associate Professor of Medicine, Gastroenterology and Hepatology, Johns Hopkins University School of Medicine, Maryland, who will present "Modeling Human Enteroids to Study the Pathogenesis of IBD."

The conference is being held at Hershey Lodge. Online registration is available at ce.med.psu.edu. There is no fee for this program, but registration is required.

Prescription Assistance Staff Positively Impact the IBD Experience

Our IBD Center is fortunate to benefit from the hard work and efforts of our prescription assistance staff. Jodi Brown and Shauna Ventress stay up to date on all the programs available to help our patients obtain IBD medications, many of which are expensive. Patients who are uninsured or underinsured can have trouble getting these vitally important drugs, so Jodi and Shauna work with our IBD nursing team to identify patients with financial barriers. They meet with each patient, identify their current coverage, obtain the necessary documents and signatures and then apply for patient assistance. Our patients are eternally grateful for their efforts. Our program would struggle with the multistep process Jodi and Shauna complete for these patients. In an age where insurance struggles and obtaining medications have become an uphill battle, we are fortunate to have them on our team.



Jodi Brown and Shauna Ventress

Pediatric Corner

Trinity High School Supports Pediatric IBD



Dr. Marc Schaefer
and Devan Drendall

On October 18, 2018, Devan Drendall, a junior at Trinity High School, continued Trinity's support of Penn State Children's Hospital by presenting a check for \$1,500 to Dr. Marc Schaefer, director of pediatric IBD at the Children's Hospital. Devan is an IBD patient followed by Dr. Schaefer, and he and his family organized a crab fest to raise the money. The donation will be used for IBD research to find more effective and new treatments for pediatric IBD.

According to the Crohn's and Colitis Foundation, IBD affects an estimated 1.6 million Americans, including many children and adolescents. The IBD Center in the Children's Hospital includes six pediatric gastroenterologists, two nurse practitioners and a registered nurse to treat these patients.

At the present time, there are approximately 160 pediatric IBD patients being followed at the Center. Supportive services include social work, psychology, nutrition, pediatric radiology, pediatric surgery, pediatric rheumatology and pediatric dermatology.

The IBD Center at the Children's Hospital provides annual IBD clinic visits to provide social work and nutrition support, as well as screenings for anxiety and depression. In addition, the IBD Center participates in a number of quality improvement and research projects to enhance the care of pediatric IBD patients. One project includes the ImproveCareNow network, a national quality improvement network focused on pediatric IBD. The IBD Center also has a unique IBD transition clinic that prepares older pediatric IBD patients for the transition to an IBD-specialized adult gastroenterologist. We appreciate Devan's efforts and Trinity High School's ongoing support.

UPCOMING EVENTS

IBD Adult Support Group Meetings

Sept. 4, 2019, 6-8 p.m.

Topic: Stress Management

Location: University Physician Center, Suite 4200

Nov. 6, 2019, 6-8 p.m.

Topic: What's New in Medical Therapy

Location: University Physician Center, Suite 4200

Jan. 8, 2020, 6-8 p.m.

Topic: to be determined

Location: University Physician Center, Suite 4200

March 4, 2020, 6-8 p.m.

Topic: to be determined

Location: University Physician Center, Suite 4200

Call Rachael Hays at 717-350-3354 or

gotgutshmc12@gmail.com for more information.

CCF Take Steps Walk

Sept. 22, 2019, 10 a.m.

Location: City Island, Harrisburg

IBD Research Symposium

Oct. 4, 2019, 8 a.m.-4 p.m.

Location: Hershey Lodge